

Affirmations

FOR HEALTH & WELLNESS

1. I value my health.
2. I have my ideal body.
3. I love the skin I'm in.
4. I love eating healthy food.
5. I focus on my wellness.
6. I take good care of myself every day.
7. I cherish my healthy body and strong mind.
8. I achieved my weight loss goal!
9. My health improves every day.
10. I love to move my body.



Affirmations

FOR WEALTH & ABUNDANCE

1. I am abundant in every area of my life.
2. I attract money easily and effortlessly.
3. I am surrounded by wealth.
4. I am thankful for all my blessings.
5. I accept more abundance into my life.
6. I am a magnet for wealth and prosperity.
7. I am aligned with abundance.
8. I am open to all new possibilities.
9. I am successful.
10. Abundance flows to me.

Affirmations

FOR SELF LOVE & CONFIDENCE

1. I love and value myself.
2. I exude confidence.
3. I celebrate my uniqueness and strengths.
4. I am beautiful inside and out.
5. I love and appreciate my body.
6. I have immense power.
7. I am able to grow and change.
8. I have an endless amount of courage.
9. I embrace all of my talents and strengths.
10. I am strong and powerful.



Affirmations

FOR FRIENDSHIPS & RELATIONSHIPS

1. I am worthy of love.
2. I have meaningful friendships.
3. My relationship is flourishing.
4. I open myself to the possibility of love.
5. I have friendships that last forever.
6. I make new friends wherever I go.
7. True love is waiting for me.
8. My relationship is strong.
9. I attract friends effortlessly.
10. My heart is open.

Affirmations

FOR LIFE

1. I am peaceful and happy.
2. I am worthy of anything I desire.
3. I can do anything I put my mind to.
4. I attract all that I desire.
5. My dreams are always manifesting.
6. I am living the life I always dreamed of.
7. I believe in the law of attraction.
8. I am guided by my beliefs and intuitions.
9. I am strong and powerful.
10. I am overflowing with love and joy.