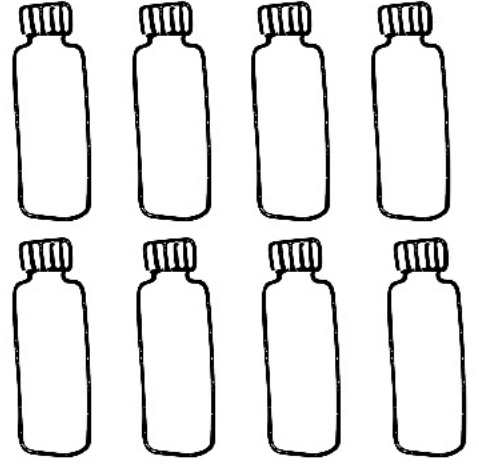


Daily Food Log

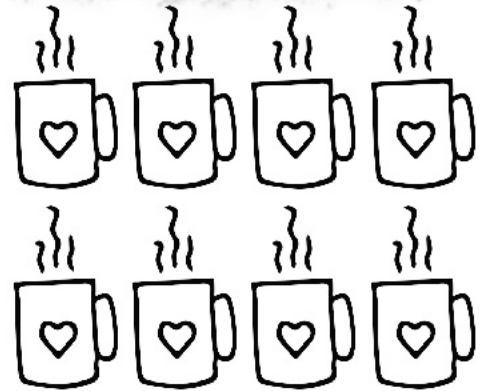
Breakfast

Lunch

Water Intake



Caffeine Intake



Notes

Points

Net Carbs

Points

Net Carbs

Dinner

Snack

Points

Net Carbs

Points

Net Carbs